**Graphic novels** by artists who have had experiences with disabilities. The stories are about their everyday life—their challenges with environmental barriers and social stigmas, and their finding value in themselves as unique individuals and in being part of community.

- **Real** by Takehiko Inoue (2008-2015)
  CNN story on artist at https://www.youtube.com/watch?t=20&v=nxGEXqQCN8

- **Swallow Me Whole** by Nate Powell (2008)
  Online preview at http://www.topshelfcomix.com/catalog/swallow-me-whole/567

- **El Deafo** by Cece Bell (2014)
  NPR interview with artist/author at http://www.npr.org/2014/12/14/369599042/el-deafo-how-a-girl-turned-her-disability-into-a-superpower

**Ableism** is discrimination perpetuated by oppressive slurs that use disability terms to convey something or someone is subhuman, pitiful, broken, shameful, and tragic. For example: “Education has been crippled by teaching to the test.”

**Including Difference Changing Frames Resources:**


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