

## Self- Portraits

Creating self-portraits can be quite therapeutic. These may be done in a number of ways, through various media:

- a. Traditional pencil sketches using a mirror may be done
- b. Collage-style self portraits, which can be made with mixed media, can show the interests, hobbies, and information of one's self in the background.
- c. Ceramic bas-relief sculpture can be effectively used in which the student can show the contour, lines, expressions of his/her face, etc.
- d. Expressive photography, showing various facial expressions in different settings can be very revealing as well.
- e. Duplicate famous portraits (example: Mona Lisa), cut a hole in it for the student's head, and take photos of the student within the painting background.

**NAEA Standards: 1, 2, 3, 4, 5, 7, 10, 11, 13.**

